

April 18th

33rd annual

2020 **SPRING FEVER**
ISI *and* Compete USA Competition



SPRINKER RECREATION CENTER
Tacoma WASHINGTON

Early Registration: March 7th



Spring Fever Compete USA Competition April 18, 2020

Hosted by
Sprinkler Recreation Center



GENERAL INFORMATION

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn To Skate USA program and those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete must be registered with Learn To Skate USA or a member club.

ELIGIBILITY AND TEST REQUIREMENTS

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Learn To Skate USA skaters through Basic 6** must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

Pre-Free skate – Free skate 6, eligibility will be based only upon highest free skate test level passed. Moves In The Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

NOTE TO COACHES – All coaches must have proper coach compliance. At a minimum, instructors/coaches 18 years and older must have a cleared background check and must be a current member of either Learn To Skate USA and/or full F.S. Figure Skating member.

ENTRIES & FEES

Early Registration is \$50.00 for the 1st event and **\$25.00** for each additional event entered and **\$10.00** for Surprise event. Online entries accepted on line at www.entryeeze.com . All paper entries must be filled out completely and returned with fee check made payable to Sprinkler Recreation Center no later than March 7, 2020. Entries submitted after the Early Registration, if accepted, 1st event fee is \$70.00.

AWARDS

All participants will receive an award. All events are final rounds. Groups will not be larger than 6 skaters. Medals will be awarded immediately after the official posting of each event to first through sixth place.

SCHEDULE OF EVENTS & PRACTICE ICE

The competition & practice ice schedule will be posted on our website at www.piercecountywa.org/icearena on or before March 28. Schedules will be emailed to all skaters and coaches who have submitted entries online.

REGISTRATION & MUSIC

All skaters are to register at least one hour prior to their scheduled event. If the competition is running ahead of schedule, an event may begin earlier than the scheduled time. CD's should be turned in at the Registration desk and should be available for pick-up within one hour following the event. CD's should be clearly marked with the Skater's name, level, event and rink/club they represent. NO MORE than ONE program on a CD.

EVENT: SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules / standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two foot glide and dip • Forward two foot swizzles 2-3 in a row • Forward snowplow stop • Backward wiggles 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two foot glide and dip • Forward two foot swizzles 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two foot turn in place- forward to backward • Backward two foot swizzles 6 - 8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive • Forward slalom • Beginning backward one foot glide - either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive both directions, clockwise or counter clockwise • Backward ½ swizzle pumps on a circle, clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions •
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counter clockwise • Backward crossovers 4-6 consecutive, clockwise or counterclockwise • Forward outside three-turn, right and left • Advanced two- foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations) - right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry & free leg held position • T-stop - right or left

EVENT: Pre-Free Skate –Free Skate 6 Program with Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules / standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward Inside Mohawk, step down and cross Behind, step into one backward crossover and step to a forward inside edge, One set each direction Clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (min. 3 revs) • Mazurka – right or left • Waltz jump • NOT ALLOWED -<i>Waltz jump, side toe hop, waltz jump</i>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward stroking - 4-6 consecutive powerful strokes • One-foot Upright spin, entry from backward crossovers with free foot in crossed leg position (scratch spin) minimum 4 revolutions • Toe loop jump • Half flip jump • NOT ALLOWED -<i>Waltz jump/ toe loop combination</i>
Free Skate 2	1:40 max	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals (right and left) and forward inside spiral (right and left) on a continuous axis. • Beginning back spin, optional entry and free-foot position, max. 3 revolutions • Half Lutz jump • Salchow jump • NOT ALLOWED -<i>Waltz jump/ toe loop and Salchow/toe loop combination</i>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min. 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination • NOT ALLOWED -<i>Waltz /loop combination</i>
Free Skate 4	1:40 max	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets -Right or Left • Sit spin- min. 3 revolutions • Euler (½ Loop jump) • Flip jump • NOT ALLOWED -<i>Waltz /loop and Waltz/Euler/Salchow combination</i>
Free Skate 5	1:40 max	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), 2-3 sets in both directions. • Camel spin- min. 3 revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, Mohawks and toe steps, half -ice. • Camel, sit spin combination – min. 4 revolutions total • Waltz jump/Euler (half loop)/ Salchow jump combination • Axel jump; minimum requirement is a clear attempt either stationary or moving.



SHOWCASE EVENTS:

Showcase events are open to skaters in Basic and Free Skate. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feather, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed unaided singles and duet competitors within one minute on and off. A 0.1 deduction will be assessed by the referee against each judges' mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org. Showcase categories include:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time 1:00 Max
Pre Free skate –Free Skate 6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests or free dance	Time: 1:30 Max



Spring Fever Compete USA Competition

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Compete USA INDIVIDUAL ENTRY FORM

FIRST NAME _____ LAST NAME _____

EMAIL _____ STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____ PARENT'S NAME _____

AGE ____ (on April 22, 2017) BIRTHDATE ____/____/____ GENDER/SEX Female Male

HOME PHONE () _____ CELL #() _____

Learn to Skate USA #: _____ HIGHEST USFS LEVELS PASSED: _____

COACHES NAME _____ COACHES PHONE # () _____

Please check (X) the event(s) you are entering:

Basic Free Skate Program:	Free Skate:
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Pre-FreeSkate
<input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 5	<input type="checkbox"/> FreeSkate 1
<input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 6	<input type="checkbox"/> FreeSkate 2
<input type="checkbox"/> Basic 3	<input type="checkbox"/> FreeSkate 3
<input type="checkbox"/> Basic 4	<input type="checkbox"/> FreeSkate 4
	<input type="checkbox"/> FreeSkate 5
	<input type="checkbox"/> FreeSkate 6

Showcase:	Showcase:
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Pre-FreeSkate
<input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 5	<input type="checkbox"/> FreeSkate 1
<input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 6	<input type="checkbox"/> FreeSkate 2
<input type="checkbox"/> Basic 3	<input type="checkbox"/> FreeSkate 3
	<input type="checkbox"/> FreeSkate 4
	<input type="checkbox"/> FreeSkate 5
	<input type="checkbox"/> FreeSkate 6

Certification of the Competitor

The competitor is eligible to enter the event(s) checked. It is agreed that the competitor skates this competition at his/her own risk. The competitor and family hereby release Sprinker Recreation Center, participating clubs, participating rinks, their personnel, and contractors from all liabilities. The competitor and family also agree that any photographs or video taken by ISI, USFS, Sprinker Recreation center, or any authorized party may be used for promotional purposes.

Competitors Signature: _____ Parent Signature: _____ Date: _____

Instructor/Coach Signature: _____ Email: _____

Club Officer/Program Director: _____ Email: _____

FEES & PAYMENT

- \$50 x 1 = \$ 50 First Event (Early Registration Deadline March 7)
- \$70 after March 7
- \$25 x ____ = \$ ____ Each Additional Event (All Levels)
- \$10 x 1 = ____ Surprise Event (All levels)
- \$ ____ Total Enclosed

Please make check payable to **Sprinker Recreation Center**. **Credit card accepted in person or over the phone 253-798-4000.** There are *NO* refunds!

Entries and entry fee must be postmarked **ON OR BEFORE March 7, 2020.**

LATE ENTRIES WILL ONLY BE ACCEPTED AT DISCRETION OF THE COMPETITION DIRECTOR, LATE FEE MAY APPLY.

Payments by credit card need to be made in person or over the phone.

Mail completed entries with fee attached to:

**Sprinker Recreation Center
14824 C Street South
Tacoma, WA 98444**