

Sparks #4 - 7/10/2019

7/10/2019

Results

Event 1 Women 30-39 3200 Meter Run

| Name | Year Team | Seed | Finals | Points |
|---------------------|----------------------|----------------------|----------------------|--------|
| Finals | | | | |
| 1 # 281 Timlin, Kat | Seattle for Life | | 13:52.60 | 10 |
| 1:28.096 (1:28.096) | 3:06.825 (1:38.729) | 4:47.768 (1:40.944) | 6:35.029 (1:47.262) | |
| 8:31.648 (1:56.619) | 10:18.907 (1:47.260) | 12:06.775 (1:47.869) | 13:52.600 (1:45.825) | |

Event 1 Boys 11-12 3200 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------------------------|----------------------|----------------------|----------------------|--------|
| 2 # 368 Hosley, Cannon | South Hill Runni | | 15:57.11 | 8 |
| 1:45.844 (1:45.844) | 3:48.375 (2:02.531) | 5:49.470 (2:01.095) | 7:52.546 (2:03.077) | |
| 9:58.525 (2:05.980) | 12:07.790 (2:09.265) | 14:14.924 (2:07.134) | 15:57.102 (1:42.179) | |

Event 1 Men 17-18 3200 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-----------------------|---------------------|---------------------|----------------------|--------|
| 1 # 364 Bledsoe, Alec | Unattached | | 10:35.65 | 10 |
| 1:13.223 (1:13.223) | 2:32.576 (1:19.354) | 3:52.066 (1:19.490) | 5:11.583 (1:19.517) | |
| 6:32.576 (1:20.994) | 7:55.679 (1:23.103) | 9:19.761 (1:24.083) | 10:35.645 (1:15.885) | |

Event 1 Men 30-39 3200 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-----------------------|---------------------|----------------------|----------------------|--------|
| 1 # 375 Timmer, Caleb | Unattached | | 11:29.68 | 10 |
| 1:18.731 (1:18.731) | 2:42.515 (1:23.784) | 4:08.405 (1:25.890) | 5:35.190 (1:26.786) | |
| 7:03.694 (1:28.504) | 8:33.896 (1:30.203) | 10:04.135 (1:30.240) | 11:29.679 (1:25.544) | |

Event 1 Men 40-49 3200 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-------------------------|---------------------|----------------------|----------------------|--------|
| 1 # 376 Gilchrist, JB | King Cobras | | 12:50.64 | 10 |
| 1:30.517 (1:30.517) | 3:07.749 (1:37.232) | 4:46.097 (1:38.349) | 6:25.556 (1:39.460) | |
| 8:04.421 (1:38.865) | 9:43.536 (1:39.115) | 11:21.580 (1:38.045) | 12:50.635 (1:29.055) | |
| 2 # 282 Brinkhaus, Mark | King Cobras | | 13:11.71 | 8 |
| 1:36.234 (1:36.234) | 3:12.781 (1:36.548) | 4:50.725 (1:37.944) | 6:31.281 (1:40.557) | |
| 8:10.207 (1:38.926) | 9:52.345 (1:42.138) | 11:35.437 (1:43.093) | 13:11.705 (1:36.268) | |

Event 2 Girls 3&U 50 Meter Dash

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------|------|--------|--------|
| 1 # 271 Timlin, Maddie | Unattached | | 11.21 | 10 |
| 2 # 369 George, Amiah | Unattached | | 12.05 | 8 |

Event 2 Girls 4-5 50 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|----------------------|--------------------|------|--------|----|--------|
| 1 # 367 Pries, Alaia | Unattached | | 9.80 | 1 | 10 |
| 2 # 167 Moss, Elecia | Cheetah Track Club | | 10.52 | 4 | 8 |

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....Event 2 Girls 4-5 50 Meter Dash

| | | | | | | |
|-----|-----|-------------------|--------------------|-------|---|---|
| 3 # | 371 | Jose, Vera | Unattached | 11.69 | 1 | 6 |
| 4 # | 381 | Garoutte, Kaliyah | Unattached | 12.02 | 1 | 5 |
| 5 # | 310 | Foy, Janelle | Cheetah Track Club | 12.36 | 4 | 4 |
| 6 # | 378 | Canley, Jana | Unattached | 13.09 | 1 | 3 |
| 7 # | 162 | Kinch, Emma | Unattached | 14.93 | 1 | 2 |
| 8 # | 361 | Steed, Parker | Unattached | 31.43 | 1 | 1 |

Event 2 Girls 6 50 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-----------------|--------------------|--------|----|--------|
| 1 # | 299 | Evans, Nailah | Franklin Pierce | 11.69 | 4 | 10 |
| 2 # | 304 | Frazier, Aubrey | Cheetah Track Club | 13.20 | 4 | 8 |

Event 2 Boys 4-5 50 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-------------------|-----------------|--------|----|--------|
| 1 # | 168 | Kimbrough, Xavier | Unattached | 10.09 | 2 | 10 |
| 2 # | 289 | Cruz, Carlito | Unattached | 10.67 | 2 | 8 |
| 3 # | 296 | McDaniel, Patrick | Franklin Pierce | 10.79 | 2 | 6 |
| 4 # | 277 | Herrera, Kyrie | Franklin Pierce | 12.31 | 2 | 5 |
| 5 # | 266 | Delgado, Marco | King Cobras | 16.19 | 2 | 4 |

Event 2 Boys 6 50 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-------------------|--------------------|--------|----|--------|
| 1 # | 390 | Howard, Grant | Cheetah Track Club | 9.57 | 3 | 10 |
| 2 # | 297 | SanMiguel, Adrian | Cheetah Track Club | 10.99 | 3 | 8 |
| 3 # | 380 | Turic, Ajdin | King Cobras | 12.32 | 3 | 6 |
| 4 # | 282 | Brinkhaus, Mark | King Cobras | 13.01 | 2 | 5 |
| 5 # | 305 | McChristian, Jera | Cheetah Track Club | 13.28 | 3 | 4 |
| 6 # | 303 | Frazier, McKinley | Cheetah Track Club | 14.73 | 3 | 3 |

Event 3 Men 40-49 50 Meter Dash

| Name | Year | Team | Seed | Finals | Points |
|------|------|-----------------|-------------|--------|--------|
| 1 # | 282 | Brinkhaus, Mark | King Cobras | 11.02 | 10 |

Event 3 Men 60+ 50 Meter Dash

| Name | Year | Team | Seed | Finals | Points |
|------|------|--------------|------------|--------|--------|
| 1 # | 166 | Wright, Gary | Unattached | 11.54 | 10 |

Event 4 Girls 6&U 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-----------------|--------------------|--------|----|--------|
| 1 # | 167 | Moss, Elecia | Cheetah Track Club | 19.52 | 2 | 10 |
| 2 # | 295 | Brown, Brooklyn | King Cobras | 21.23 | 4 | 8 |
| 3 # | 299 | Evans, Nailah | Franklin Pierce | 22.94 | 1 | 6 |
| 4 # | 367 | Pries, Alaia | Unattached | 23.22 | 1 | 5 |

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....Event 4 Girls 6&U 100 Meter Dash

| | | | | | | |
|------|-----|-------------------|--------------------|-------|---|---|
| 5 # | 310 | Foy, Janelle | Cheetah Track Club | 23.49 | 2 | 4 |
| 6 # | 304 | Frazier, Aubrey | Cheetah Track Club | 24.39 | 5 | 3 |
| 7 # | 371 | Jose, Vera | Unattached | 25.22 | 1 | 2 |
| 8 # | 361 | Steed, Parker | Unattached | 25.40 | 1 | 1 |
| 9 # | 381 | Garoutte, Kaliyah | Unattached | 29.49 | 1 | |
| 10 # | 271 | Timlin, Maddie | Unattached | 48.21 | 1 | |

Event 4 Girls 7-8 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-----------------|--------------------|--------|----|--------|
| 1 # | 293 | Stokes, Keymoni | King Cobras | 17.81 | 5 | 10 |
| 2 # | 269 | Haines, Seniah | Cheetah Track Club | 18.56 | 5 | 8 |
| 3 # | 279 | Conkey, Marin | King Cobras | 19.81 | 4 | 6 |
| 4 # | 291 | Saechao, Taylor | Unattached | 20.21 | 5 | 5 |
| 5 # | 288 | Cruz, Calypso | Unattached | 20.78 | 5 | 4 |
| 6 # | 268 | Haines, Mariah | Cheetah Track Club | 22.96 | 4 | 3 |
| 7 # | 290 | Cruz, Catalina | Unattached | 23.01 | 6 | 2 |
| 8 # | 374 | Timmer, Evie | Unattached | 23.76 | 3 | 1 |

Event 4 Girls 9-10 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|------------------|------------|--------|----|--------|
| 1 # | 372 | Timmer, Piper | Unattached | 17.88 | 5 | 10 |
| 2 # | 300 | Jones, Maryjayne | Unattached | 20.20 | 6 | 8 |

Event 4 Girls 11-12 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-----------------|--------------------|--------|----|--------|
| 1 # | 164 | Valrey, Shayera | Cheetah Track Club | 15.41 | 7 | 10 |
| 2 # | 278 | Conkey, CJ | King Cobras | 16.82 | 7 | 8 |

Event 4 Girls 13-14 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-----------------|-------------|--------|----|--------|
| 1 # | 267 | Bradley, Ramera | King Cobras | 14.10 | 7 | 10 |

Event 4 Women 15-16 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|------------------|------------|--------|----|--------|
| 1 # | 272 | Ramos, Annabella | Unattached | 16.12 | 7 | 10 |

Event 4 Women 19-29 100 Meter Dash

| Name | Year | Team | Seed | Finals | H# | Points |
|------|------|-------------------|------------|--------|----|--------|
| 1 # | 275 | Messineo, Tabitha | Unattached | 14.14 | 7 | 10 |

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Event 4 Boys 6&U 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|----------------------------|--------------------|------|--------|----|--------|
| 1 # 390 Howard, Grant | Cheetah Track Club | | 18.83 | 3 | 10 |
| 2 # 168 Kimbrough, Xavier | Unattached | | 20.09 | 2 | 8 |
| 3 # 296 McDaniel, Patrick | Franklin Pierce | | 21.98 | 2 | 6 |
| 4 # 297 SanMiguel, Adrian | Cheetah Track Club | | 22.31 | 3 | 5 |
| 5 # 289 Cruz, Carlito | Unattached | | 22.34 | 2 | 4 |
| 6 # 373 Timmer, Asher | Unattached | | 22.83 | 2 | 3 |
| 7 # 277 Herrera, Kyrie | Franklin Pierce | | 24.26 | 2 | 2 |
| 8 # 380 Turic, Ajdin | King Cobras | | 24.30 | 2 | 1 |
| 9 # 382 Garoutte, Isaiah | Unattached | | 27.63 | 1 | |
| 10 # 305 McChristian, Jera | Cheetah Track Club | | 28.41 | 3 | |
| 11 # 303 Frazier, McKinley | Cheetah Track Club | | 32.60 | 3 | |
| 12 # 266 Delgado, Marco | King Cobras | | 32.94 | 1 | |

Event 4 Boys 7-8 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|---------------------------|--------------------|------|--------|----|--------|
| 1 # 370 LaNese, Quenton | Unattached | | 16.55 | 5 | 10 |
| 2 # 287 Drollman, Joshua | Unattached | | 17.49 | 4 | 8 |
| 3 # 294 Brown, Hezekiah | King Cobras | | 17.62 | 5 | 6 |
| 4 # 298 Evans, Elisha | Franklin Pierce | | 17.66 | 4 | 5 |
| 5 # 170 Robinson, K'andre | Cheetah Track Club | | 18.13 | 3 | 4 |
| 6 # 362 Steed, Preston | Unattached | | 18.22 | 4 | 3 |
| 7 # 165 Virginia, Jacob | South Hill Runni | | 18.32 | 4 | 2 |
| 8 # 292 Saechao, Brady | Unattached | | 18.48 | 4 | 1 |
| 9 # 302 Jones, Jaxson | Unattached | | 18.63 | 3 | |
| 10 # 301 McIver, Solomon | Cheetah Track Club | | 19.81 | 3 | |

Event 4 Boys 9-10 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|------------------------|--------------------|------|--------|----|--------|
| 1 # 307 Nelson, Austin | Cheetah Track Club | | 16.77 | 8 | 10 |

Event 4 Boys 11-12 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|--------------------------|--------------------|------|--------|----|--------|
| 1 # 284 Adam, Yonatan | King Cobras | | 12.60 | 8 | 10 |
| 2 # 169 Jordan, Immanuel | Cheetah Track Club | | 14.23 | 8 | 8 |

Event 4 Boys 13-14 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|---------------------------|--------------------|------|--------|----|--------|
| 1 # 274 Bach, Micah | Unattached | | 12.09 | 8 | 10 |
| 2 # 163 Valrey, Dominique | Cheetah Track Club | | 12.44 | 8 | 8 |
| 3 # 286 Pierce, Brandon | Cheetah Track Club | | 12.83 | 8 | 6 |
| 4 # 273 Ramos, Marcus | Unattached | | 13.40 | 8 | 5 |

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Event 4 Men 15-16 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|---------------------------|--------------------|------|--------|----|--------|
| 1 # 283 Glaze, Micky | King Cobras | | 12.00 | 9 | 10 |
| 2 # 309 Trujillo, Santiag | Unattached | | 12.40 | 9 | 8 |
| 3 # 285 Sykes, Christian | Cheetah Track Club | | 13.20 | 9 | 6 |
| 4 # 363 Storts, Xander | Unattached | | 13.40 | 9 | 5 |

Event 4 Men 17-18 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|------------------------|------------|------|--------|----|--------|
| 1 # 365 Madison, Malik | Unattached | | 12.00 | 9 | 10 |

Event 4 Men 19-29 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|-------------------------|------------|------|--------|----|--------|
| 1 # 276 Ransom, Malcolm | Unattached | | 11.70 | 9 | 10 |
| 2 # 161 Stilnovich, Joe | Unattached | | 12.40 | 9 | 8 |

Event 4 Men 60+ 100 Meter Dash

| Name | Year Team | Seed | Finals | H# | Points |
|----------------------|------------|------|--------|----|--------|
| 1 # 166 Wright, Gary | Unattached | | 23.70 | 9 | 10 |

Event 5 Girls 7-8 800 Meter Run

| Name | Year Team | Seed | Finals | Points |
|--------------------------|--------------------|------|---------|--------|
| 1 # 306 Nelson, Mariah | Cheetah Track Club | | 3:34.12 | 10 |
| 2 # 288 Cruz, Calypso | Unattached | | 4:45.11 | 8 |
| -- # 291 Saechao, Taylor | Unattached | | DNF | |

Event 5 Girls 11-12 800 Meter Run

| Name | Year Team | Seed | Finals | Points |
|---------------------------|-------------|------|---------|--------|
| 1 # 280 Brinkhaus, Delane | King Cobras | | 2:49.05 | 10 |

Event 5 Girls 13-14 800 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------|------|---------|--------|
| 1 # 366 Perry, Frannie | Unattached | | 3:09.91 | 10 |

Event 5 Boys 7-8 800 Meter Run

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|---------|--------|
| 1 # 370 LaNese, Quenton | Unattached | | 3:00.18 | 10 |
| 2 # 287 Drollman, Joshua | Unattached | | 3:41.91 | 8 |
| 3 # 170 Robinson, K'andre | Cheetah Track Club | | 3:43.57 | 6 |
| 4 # 292 Saechao, Brady | Unattached | | 3:51.67 | 5 |

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Event 5 Boys 9-10 800 Meter Run

| Name | Year | Team | Seed | Finals | Points |
|-------------------------|------|--------------------|------|---------|--------|
| 1 # 308 Nelson, Preston | | Cheetah Track Club | | 3:06.69 | 10 |

Event 5 Boys 11-12 800 Meter Run

| Name | Year | Team | Seed | Finals | Points |
|-----------------------|------|-------------|------|---------|--------|
| 1 # 284 Adam, Yonatan | | King Cobras | | 2:45.78 | 10 |

Event 5 Boys 13-14 800 Meter Run

| Name | Year | Team | Seed | Finals | Points |
|------------------------|------|-------------|------|---------|--------|
| 1 # 379 McDow, Alex | | Unattached | | 3:14.95 | 10 |
| 2 # 389 Stokes, Nazeer | | King Cobras | | 3:15.77 | 8 |

Event 5 Men 30-39 800 Meter Run

| Name | Year | Team | Seed | Finals | Points |
|-----------------------|------|------------|------|---------|--------|
| 1 # 375 Timmer, Caleb | | Unattached | | 2:22.47 | 10 |

Event 5 Men 40-49 800 Meter Run

| Name | Year | Team | Seed | Finals | Points |
|-------------------------|------|-------------|------|---------|--------|
| 1 # 376 Gilchrist, JB | | King Cobras | | 2:47.60 | 10 |
| 2 # 282 Brinkhaus, Mark | | King Cobras | | 3:43.70 | 8 |

Event 7 Girls 7-8 400 Meter Run

| Name | Year | Team | Seed | Finals | H# | Points |
|------------------------|------|-------------|------|---------|----|--------|
| 1 # 279 Conkey, Marin | | King Cobras | | 1:44.30 | 2 | 10 |
| 2 # 290 Cruz, Catalina | | Unattached | | 1:59.60 | 1 | 8 |

Event 7 Girls 9-10 400 Meter Run

| Name | Year | Team | Seed | Finals | H# | Points |
|--------------------------|------|------------|------|---------|----|--------|
| 1 # 372 Timmer, Piper | | Unattached | | 1:34.39 | 2 | 10 |
| 2 # 300 Jones, Maryjayne | | Unattached | | 1:53.51 | 2 | 8 |

Event 7 Girls 11-12 400 Meter Run

| Name | Year | Team | Seed | Finals | H# | Points |
|---------------------------|------|--------------------|------|---------|----|--------|
| 1 # 164 Valrey, Shayera | | Cheetah Track Club | | 1:14.06 | 2 | 10 |
| 2 # 280 Brinkhaus, Delane | | King Cobras | | 1:16.37 | 2 | 8 |
| 3 # 384 Malebranche, Alic | | Summit Parkland | | 1:17.08 | 2 | 6 |
| 4 # 278 Conkey, CJ | | King Cobras | | 1:22.10 | 2 | 5 |

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Event 7 Girls 13-14 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|-------------------------|-------------|------|---------|----|--------|
| 1 # 267 Bradley, Ramera | King Cobras | | 1:11.32 | 2 | 10 |

Event 7 Boys 6&U 400 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------------------------|-------------|------|---------|--------|
| 1 # 373 Timmer, Asher | Unattached | | 2:03.41 | 10 |
| 2 # 380 Turic, Ajdin | King Cobras | | 2:05.32 | 8 |
| 3 # 266 Delgado, Marco | King Cobras | | 2:24.67 | 6 |

Event 7 Boys 7-8 400 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-------------------------|------------------|------|---------|--------|
| 1 # 370 LaNese, Quenton | Unattached | | 1:17.83 | 10 |
| 2 # 383 Clukey, Jakoby | Federal Way Trac | | 1:26.62 | 8 |
| 3 # 298 Evans, Elisha | Franklin Pierce | | 1:29.60 | 6 |
| 4 # 302 Jones, Jaxson | Unattached | | 3:34.22 | 5 |

Event 7 Boys 9-10 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|------------------------|--------------------|------|---------|----|--------|
| 1 # 307 Nelson, Austin | Cheetah Track Club | | 1:18.15 | 3 | 10 |

Event 7 Boys 11-12 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|--------------------------|--------------------|------|---------|----|--------|
| 1 # 169 Jordan, Immanuel | Cheetah Track Club | | 1:15.79 | 3 | 10 |

Event 7 Boys 13-14 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|---------------------------|--------------------|------|---------|----|--------|
| 1 # 163 Valrey, Dominique | Cheetah Track Club | | 1:00.22 | 3 | 10 |
| 2 # 286 Pierce, Brandon | Cheetah Track Club | | 1:01.92 | 3 | 8 |
| 3 # 379 McDow, Alex | Unattached | | 1:21.36 | 4 | 6 |

Event 7 Men 15-16 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|---------------------------|--------------------|------|---------|----|--------|
| 1 # 283 Glaze, Micky | King Cobras | | 55.31 | 3 | 10 |
| 2 # 309 Trujillo, Santiag | Unattached | | 59.79 | 3 | 8 |
| 3 # 285 Sykes, Christian | Cheetah Track Club | | 1:02.70 | 3 | 6 |

Event 7 Men 30-39 400 Meter Run

| Name | Year Team | Seed | Finals | H# | Points |
|-----------------------|------------|------|--------|----|--------|
| 1 # 375 Timmer, Caleb | Unattached | | 59.13 | 4 | 10 |

Sparks #4 - 7/10/2019**7/10/2019****Results****Event 7 Men 40-49 400 Meter Run**

| Name | Year Team | Seed | Finals | H# | Points |
|-----------------------|-------------|------|---------|----|--------|
| 1 # 376 Gilchrist, JB | King Cobras | | 1:14.67 | 3 | 10 |

Event 8 Girls 7-8 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------------------------|---------------------|---------------------|---------------------|--------|
| 1 # 306 Nelson, Mariah | Cheetah Track Club | | 7:34.32 | 10 |
| 1:53.052 (1:53.052) | 3:49.177 (1:56.125) | 5:42.861 (1:53.684) | 7:34.318 (1:51.458) | |

Event 8 Boys 7-8 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-------------------------|---------------------|---------------------|---------------------|--------|
| 1 # 370 LaNese, Quenton | Unattached | | 6:17.27 | 10 |
| 1:28.576 (1:28.576) | 3:07.413 (1:38.838) | 4:48.114 (1:40.701) | 6:17.262 (1:29.148) | |
| 2 # 383 Clukey, Jakoby | Federal Way Trac | | 7:19.70 | 8 |
| 1:44.372 (1:44.372) | 3:39.561 (1:55.189) | 5:37.184 (1:57.624) | 7:19.695 (1:42.511) | |
| 3 # 165 Virginia, Jacob | South Hill Runni | | 7:47.16 | 6 |
| 1:43.592 (1:43.592) | 3:43.742 (2:00.150) | 5:47.775 (2:04.033) | 7:47.153 (1:59.379) | |

Event 8 Boys 9-10 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-------------------------|---------------------|---------------------|---------------------|--------|
| 1 # 308 Nelson, Preston | Cheetah Track Club | | 6:36.91 | 10 |
| 1:38.323 (1:38.323) | 3:20.041 (1:41.718) | 5:02.652 (1:42.612) | 6:36.902 (1:34.250) | |

Event 8 Boys 13-14 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------------------------|---------------------|---------------------|---------------------|--------|
| 1 # 389 Stokes, Nazeer | King Cobras | | 8:34.32 | 10 |
| 2:03.483 (2:03.483) | 4:24.253 (2:20.770) | 6:40.607 (2:16.354) | 8:34.317 (1:53.710) | |

Event 8 Men 17-18 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-----------------------|------------------|---------------------|---------------------|--------|
| 1 # 364 Bledsoe, Alec | Unattached | | 5:05.66 | 10 |
| 1:12.023 (1:12.023) | 1:18.842 (6.819) | 2:29.838 (1:10.997) | 5:05.656 (2:35.818) | |

Event 8 Men 19-29 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|-------------------------|---------------------|---------------------|---------------------|--------|
| 1 # 161 Stilnovich, Joe | Unattached | | 5:46.21 | 10 |
| 1:18.860 (1:18.860) | 2:51.371 (1:32.511) | 4:24.529 (1:33.158) | 5:46.208 (1:21.680) | |

Event 8 Men 40-49 1600 Meter Run

| Name | Year Team | Seed | Finals | Points |
|------|-----------|------|--------|--------|
|------|-----------|------|--------|--------|

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| | | | | |
|-----|---------------------|---------------------|---------------------|---------------------|
| 1 # | 376 Gilchrist, JB | King Cobras | 6:33.57 | 10 |
| | 1:38.752 (1:38.752) | 3:21.767 (1:43.015) | 5:03.757 (1:41.990) | 6:33.562 (1:29.805) |
| 2 # | 282 Brinkhaus, Mark | King Cobras | 8:34.44 | 8 |
| | 2:02.899 (2:02.899) | 4:23.193 (2:20.295) | 6:40.670 (2:17.477) | 8:34.435 (1:53.765) |

Event 10 Girls 6&U Long Jump

| Name | Year Team | Seed | Finals | Points |
|-------------------------|-------------|------|---------|--------|
| 1 # 295 Brown, Brooklyn | King Cobras | | 5-02.00 | 10 |
| 2 # 361 Steed, Parker | Unattached | | 1-09.00 | 8 |

Event 10 Girls 7-8 Long Jump

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|---------|--------|
| 1 # 306 Nelson, Mariah | Cheetah Track Club | | 8-05.00 | 10 |
| 2 # 293 Stokes, Keymoni | King Cobras | | 7-00.00 | 8 |
| 3 # 377 Canley, Samara | Unattached | | 6-00.00 | 6 |
| 4 # 290 Cruz, Catalina | Unattached | | 4-08.00 | 5 |

Event 10 Girls 9-10 Long Jump

| Name | Year Team | Seed | Finals | Points |
|--------------------------|------------|------|---------|--------|
| 1 # 300 Jones, Maryjayne | Unattached | | 5-03.00 | 10 |

Event 10 Girls 11-12 Long Jump

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|---------|--------|
| 1 # 164 Valrey, Shayera | Cheetah Track Club | | 9-05.00 | 10 |

Event 10 Women 15-16 Long Jump

| Name | Year Team | Seed | Finals | Points |
|--------------------------|------------|------|---------|--------|
| 1 # 272 Ramos, Annabella | Unattached | | 7-05.00 | 10 |

Event 10 Women 19-29 Long Jump

| Name | Year Team | Seed | Finals | Points |
|---------------------------|------------|------|----------|--------|
| 1 # 275 Messineo, Tabitha | Unattached | | 14-05.00 | 10 |

Event 10 Boys 6&U Long Jump

| Name | Year Team | Seed | Finals | Points |
|---------------------------|-----------------|------|---------|--------|
| 1 # 296 McDaniel, Patrick | Franklin Pierce | | 5-05.00 | 10 |
| 2 # 373 Timmer, Asher | Unattached | | 4-09.00 | 8 |
| 3 # 277 Herrera, Kyrie | Franklin Pierce | | 2-07.00 | 6 |

Sparks #4 - 7/10/2019**7/10/2019****Results****Event 10 Boys 7-8 Long Jump**

| Name | Year Team | Seed | Finals | Points |
|-------------------------|------------------|------|----------|--------|
| 1 # 165 Virginia, Jacob | South Hill Runni | | 10-08.00 | 10 |
| 2 # 294 Brown, Hezekiah | King Cobras | | 9-05.00 | 8 |
| 3 # 362 Steed, Preston | Unattached | | 7-00.00 | 6 |
| 4 # 302 Jones, Jaxson | Unattached | | 5-06.00 | 5 |

Event 10 Boys 9-10 Long Jump

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|----------|--------|
| 1 # 307 Nelson, Austin | Cheetah Track Club | | 10-01.00 | 10 |
| 2 # 308 Nelson, Preston | Cheetah Track Club | | 6-07.00 | 8 |

Event 10 Boys 11-12 Long Jump

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------------|------|---------|--------|
| 1 # 368 Hosley, Cannon | South Hill Runni | | 7-10.00 | 10 |

Event 10 Boys 13-14 Long Jump

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|----------|--------|
| 1 # 273 Ramos, Marcus | Unattached | | 18-03.00 | 10 |
| 2 # 163 Valrey, Dominique | Cheetah Track Club | | 16-02.00 | 8 |
| 3 # 286 Pierce, Brandon | Cheetah Track Club | | 14-08.00 | 6 |
| 4 # 379 McDow, Alex | Unattached | | 6-05.00 | 5 |

Event 10 Men 15-16 Long Jump

| Name | Year Team | Seed | Finals | Points |
|--------------------------|--------------------|------|----------|--------|
| 1 # 363 Storts, Xander | Unattached | | 15-08.00 | 10 |
| 2 # 285 Sykes, Christian | Cheetah Track Club | | 14-07.00 | 8 |

Event 11 Girls 6&U Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|---------|--------|
| 1 # 367 Pries, Alaia | Unattached | | 4-07.00 | 10 |
| 2 # 304 Frazier, Aubrey | Cheetah Track Club | | 4-04.00 | 8 |
| 3 # 361 Steed, Parker | Unattached | | 3-10.00 | 6 |
| 4 # 381 Garoutte, Kaliyah | Unattached | | 3-07.00 | 5 |
| 5 # 162 Kinch, Emma | Unattached | | 3-06.00 | 3.50 |
| 5 # 310 Foy, Janelle | Cheetah Track Club | | 3-06.00 | 3.50 |
| 7 # 378 Canley, Jana | Unattached | | 3-04.00 | 2 |
| 8 # 369 George, Amiah | Unattached | | 2-07.00 | 1 |
| 9 # 271 Timlin, Maddie | Unattached | | 2-00.00 | |

Event 11 Girls 7-8 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|-----------------------|------------|------|---------|--------|
| 1 # 288 Cruz, Calypso | Unattached | | 5-03.00 | 10 |

Sparks #4 - 7/10/2019**7/10/2019****Results****....Event 11 Girls 7-8 Long Jump STANDING LJ**

| | | | | |
|-----|--------------------|--------------------|---------|---|
| 2 # | 269 Haines, Seniah | Cheetah Track Club | 5-00.00 | 8 |
| 3 # | 290 Cruz, Catalina | Unattached | 4-08.00 | 6 |
| 4 # | 268 Haines, Mariah | Cheetah Track Club | 3-08.00 | 5 |

Event 11 Boys 6&U Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|---------|--------|
| 1 # 297 SanMiguel, Adrian | Cheetah Track Club | | 5-00.00 | 10 |
| 2 # 289 Cruz, Carlito | Unattached | | 4-11.00 | 8 |
| 3 # 270 McKinney IV, Jose | Unattached | | 4-04.00 | 6 |
| 4 # 266 Delgado, Marco | King Cobras | | 4-00.00 | 5 |
| 5 # 305 McChristian, Jera | Cheetah Track Club | | 3-11.00 | 4 |
| 6 # 382 Garoutte, Isaiah | Unattached | | 2-07.00 | 3 |
| 7 # 303 Frazier, McKinley | Cheetah Track Club | | 2-00.00 | 2 |

Event 11 Boys 7-8 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|---------|--------|
| 1 # 170 Robinson, K'andre | Cheetah Track Club | | 5-06.00 | 10 |
| 2 # 301 McIver, Solomon | Cheetah Track Club | | 4-06.00 | 8 |

Event 11 Boys 11-12 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|-----------------------|-------------|------|---------|--------|
| 1 # 284 Adam, Yonatan | King Cobras | | 8-00.00 | 10 |

Event 11 Boys 13-14 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|---------|--------|
| 1 # 286 Pierce, Brandon | Cheetah Track Club | | 8-08.00 | 10 |

Event 11 Men 15-16 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|--------------------------|--------------------|------|---------|--------|
| 1 # 285 Sykes, Christian | Cheetah Track Club | | 9-00.00 | 10 |

Event 11 Men 17-18 Long Jump STANDING LJ

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------|------|---------|--------|
| 1 # 365 Madison, Malik | Unattached | | 9-10.00 | 10 |

Event 13 Girls 6&U Other Sftball Thrw

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|----------|--------|
| 1 # 304 Frazier, Aubrey | Cheetah Track Club | | 19-06.00 | 10 |
| 2 # 310 Foy, Janelle | Cheetah Track Club | | 16-10.00 | 8 |
| 3 # 381 Garoutte, Kaliyah | Unattached | | 16-03.00 | 6 |
| 4 # 361 Steed, Parker | Unattached | | 14-07.00 | 5 |

Sparks #4 - 7/10/2019

7/10/2019

Results

....Event 13 Girls 6&U Other Sftball Thrw

| | | | | |
|-----|-------------------|------------|----------|---|
| 5 # | 367 Pries, Alaia | Unattached | 11-09.00 | 4 |
| 6 # | 162 Kinch, Emma | Unattached | 9-05.00 | 3 |
| 7 # | 369 George, Amiah | Unattached | 8-09.00 | 2 |
| 8 # | 378 Canley, Jana | Unattached | 7-04.00 | 1 |

Event 13 Girls 7-8 Other Sftball Thrw

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|----------|--------|
| 1 # 269 Haines, Seniah | Cheetah Track Club | | 46-07.00 | 10 |
| 2 # 279 Conkey, Marin | King Cobras | | 37-05.00 | 8 |
| 3 # 291 Saechao, Taylor | Unattached | | 35-04.00 | 6 |
| 4 # 377 Canley, Samara | Unattached | | 34-04.00 | 5 |
| 5 # 374 Timmer, Evie | Unattached | | 33-10.00 | 4 |
| 6 # 288 Cruz, Calypso | Unattached | | 23-11.00 | 3 |
| 7 # 290 Cruz, Catalina | Unattached | | 23-04.00 | 2 |
| 8 # 268 Haines, Mariah | Cheetah Track Club | | 22-04.00 | 1 |

Event 13 Girls 9-10 Other Sftball Thrw

| Name | Year Team | Seed | Finals | Points |
|--------------------------|------------|------|----------|--------|
| 1 # 372 Timmer, Piper | Unattached | | 42-05.00 | 10 |
| 2 # 300 Jones, Maryjayne | Unattached | | 36-04.00 | 8 |

Event 13 Boys 6&U Other Sftball Thrw

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|----------|--------|
| 1 # 373 Timmer, Asher | Unattached | | 44-04.00 | 10 |
| 2 # 270 McKinney IV, Jose | Unattached | | 38-02.00 | 8 |
| 3 # 297 SanMiguel, Adrian | Cheetah Track Club | | 37-11.00 | 6 |
| 4 # 296 McDaniel, Patrick | Franklin Pierce | | 34-01.00 | 5 |
| 5 # 289 Cruz, Carlito | Unattached | | 29-00.00 | 4 |
| 6 # 380 Turic, Ajdin | King Cobras | | 21-00.00 | 3 |
| 7 # 305 McChristian, Jera | Cheetah Track Club | | 19-08.00 | 2 |
| 8 # 266 Delgado, Marco | King Cobras | | 16-04.00 | 1 |
| 9 # 303 Frazier, McKinley | Cheetah Track Club | | 12-10.00 | |
| 10 # 382 Garoutte, Isaiah | Unattached | | 9-09.00 | |

Event 13 Boys 7-8 Other Sftball Thrw

| Name | Year Team | Seed | Finals | Points |
|--------------------------|--------------------|------|----------|--------|
| 1 # 362 Steed, Preston | Unattached | | 70-02.00 | 10 |
| 2 # 287 Drollman, Joshua | Unattached | | 62-09.00 | 8 |
| 3 # 298 Evans, Elisha | Franklin Pierce | | 61-07.00 | 6 |
| 4 # 302 Jones, Jaxson | Unattached | | 53-06.00 | 5 |
| 5 # 292 Saechao, Brady | Unattached | | 51-05.00 | 4 |
| 6 # 165 Virginia, Jacob | South Hill Runni | | 47-02.00 | 3 |
| 7 # 301 McIver, Solomon | Cheetah Track Club | | 39-11.00 | 2 |

Sparks #4 - 7/10/2019**7/10/2019****Results****Event 13 Boys 11-12 Other Sftball Thrw**

| Name | Year Team | Seed | Finals | Points |
|--------------------------|--------------------|------|-----------|--------|
| 1 # 169 Jordan, Immanuel | Cheetah Track Club | | 102-06.00 | 10 |
| 2 # 368 Hosley, Cannon | South Hill Runni | | 60-03.00 | 8 |

Event 14 Girls 7-8 Javelin Throw Turbo 300g

| Name | Year Team | Seed | Finals | Points |
|------------------------|--------------------|------|--------|--------|
| 1 # 279 Conkey, Marin | King Cobras | | 33-03 | 10 |
| 2 # 306 Nelson, Mariah | Cheetah Track Club | | 30-02 | 8 |
| 3 # 377 Canley, Samara | Unattached | | 16-05 | 6 |

Event 14 Girls 11-12 Javelin Throw Turbo 300g

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|--------|--------|
| 1 # 278 Conkey, CJ | King Cobras | | 31-01 | 10 |
| 2 # 304 Frazier, Aubrey | Cheetah Track Club | | 15-01 | 8 |
| 3 # 378 Canley, Jana | Unattached | | 5-07 | 6 |

Event 14 Boys 7-8 Javelin Throw Turbo 300g

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|--------|--------|
| 1 # 383 Clukey, Jakoby | Federal Way Trac | | 51-03 | 10 |
| 2 # 362 Steed, Preston | Unattached | | 38-10 | 8 |
| 3 # 287 Drollman, Joshua | Unattached | | 26-11 | 6 |
| 4 # 170 Robinson, K'andre | Cheetah Track Club | | 26-04 | 5 |
| 5 # 301 McIver, Solomon | Cheetah Track Club | | 24-01 | 4 |
| 6 # 292 Saechao, Brady | Unattached | | 21-11 | 3 |

Event 14 Boys 9-10 Javelin Throw Turbo 300g

| Name | Year Team | Seed | Finals | Points |
|-------------------------|--------------------|------|--------|--------|
| 1 # 308 Nelson, Preston | Cheetah Track Club | | 38-02 | 10 |
| 2 # 307 Nelson, Austin | Cheetah Track Club | | 36-01 | 8 |

Event 14 Boys 11-12 Javelin Throw Turbo 300g

| Name | Year Team | Seed | Finals | Points |
|---------------------------|--------------------|------|--------|--------|
| 1 # 368 Hosley, Cannon | South Hill Runni | | 34-03 | 10 |
| 2 # 297 SanMiguel, Adrian | Cheetah Track Club | | 28-11 | 8 |
| 3 # 270 McKinney IV, Jose | Unattached | | 23-02 | 6 |
| 4 # 289 Cruz, Carlito | Unattached | | 21-00 | 5 |
| 5 # 380 Turic, Ajdin | King Cobras | | 13-06 | 4 |
| 6 # 305 McChristian, Jera | Cheetah Track Club | | 7-10 | 3 |
| 7 # 303 Frazier, McKinley | Cheetah Track Club | | 4-01 | 2 |

Sparks #4 - 7/10/2019**7/10/2019****Results****Event 15 Women 19-29 Shot Put**

| Name | Year Team | Seed | Finals | Points |
|---------------------------|------------|------|----------|--------|
| 1 # 275 Messineo, Tabitha | Unattached | | 30-10.00 | 10 |

Event 15 Women 60+ Shot Put

| Name | Year Team | Seed | Finals | Points |
|-------------------------|-------------|------|----------|--------|
| 1 # 279 Conkey, Marin | King Cobras | | 12-03.00 | 10 |
| 2 # 293 Stokes, Keymoni | King Cobras | | 10-08.00 | 8 |
| 3 # 295 Brown, Brooklyn | King Cobras | | 8-03.00 | 6 |

Event 15 Men 15-16 Shot Put

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------|------|----------|--------|
| 1 # 363 Storts, Xander | Unattached | | 26-11.00 | 10 |

Event 15 Men 60+ Shot Put

| Name | Year Team | Seed | Finals | Points |
|-------------------------|-------------|------|----------|--------|
| 1 # 294 Brown, Hezekiah | King Cobras | | 16-03.00 | 10 |

Event 17 Boys 13-14 Triple Jump

| Name | Year Team | Seed | Finals | Points |
|-----------------------|------------|------|----------|--------|
| 1 # 274 Bach, Micah | Unattached | | 35-03.00 | 10 |
| 2 # 273 Ramos, Marcus | Unattached | | 28-05.00 | 8 |

Event 17 Men 15-16 Triple Jump

| Name | Year Team | Seed | Finals | Points |
|------------------------|------------|------|----------|--------|
| 1 # 363 Storts, Xander | Unattached | | 35-00.00 | 10 |

Event 17 Men 60+ Triple Jump

| Name | Year Team | Seed | Finals | Points |
|----------------------|------------|------|----------|--------|
| 1 # 166 Wright, Gary | Unattached | | 15-01.00 | 10 |